

ENTRANCE ANTIPHON

He fed them with the finest wheat and satisfied them with honey from the rock.

COLLECT

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray, so to revere the sacred mysteries of your Body and Blood that we may always experience in ourselves the fruits of your redemption. Who live and reign with God the Father in the unity of the Holy Spirit, one God, for ever and ever.

FIRST READING 14:18-20

A reading from the book of Genesis

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing: 'Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you'. And Abraham gave him a tithe of everything.

The word of the Lord.

RESPONSORIAL PSALM Ps 109

Response: You are a priest for ever, a priest like Melchizedek of old.

1. The Lord's revelation to my Master:
'Sit on my right:
I will put your foes beneath your feet.' (R.)
2. The Lord will send from Zion
your sceptre of power:
rule in the midst of all your foes. (R.)
3. A prince from the day of your birth
on the holy mountains;
from the womb before the daybreak I
begot you. (R)
4. The Lord has sworn an oath he will
not change.
'You are a priest for ever,
a priest like Melchizedek of old.' (R)

SECOND READING 11:23-26

A reading from the first letter of St Paul to the Corinthians

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me'. In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood.

Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

This is the word of the Lord.

GOSPEL ACCLAMATION

Alleluia, alleluia!

I am the living bread which has come down from heaven, says the Lord. Anyone who eats this bread will live for ever.

Alleluia!

GOSPEL 9:11-17

A reading from the holy Gospel according to Luke

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here'. He replied, 'Give them something to eat yourselves'. But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty'. They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

This is the Gospel of the Lord.

PRAYER OVER THE OFFERINGS

Grant your Church, O Lord, we pray, the gifts of unity and peace, whose signs are to be seen in the mystery in the offerings we here present. Through Christ our Lord.

COMMUNION ANTIPHON

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

PRAYER AFTER COMMUNION

Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of

your precious Body and Blood. Who live and reign for ever and ever.

GOSPEL REFLECTION:



What goodness have you experienced through the love of God?

Why do so many people put their trust and love in material things? Can material goods ever offer true happiness? Why or why not?

What is the significance of this gospel passage? How do you interpret the miracle of the loaves and fishes?

How do you measure God's goodness? What are the nonmaterial gifts God has given you? How do you share those with others?

Why is the Eucharist called the summit of Catholic Christian experience? What is the value of the Eucharist in your life? How does the Eucharist feed us?

When you receive the Eucharist, how do the Body and Blood of Jesus Christ become part of you? How do you become part of Jesus through the reception of the Eucharist?

How do you become Eucharist to others? Might it be that others may never really know Jesus except through us?

GOSPEL ACTION

Be bread to another person. Quench the thirst of someone who is longing to better know God. Make an attempt to get to Mass on a day other than Sunday this week.

Readings- Thirteenth Sunday Yrc

First Reading: 1 Kings 19: 16. 19-21

Second Reading: Galatians 5: 1. 13-18

Gospel: Luke 9: 51-62